

DAFNE order form

DAFNE diaries and carbohydrate portion list can be purchased from central DAFNE. The food plate set consists of 30 picture food plates with carbohydrate portions on the reverse, along with a menu card describing the portion sizes.

Payment method (please select)

- Cheque – please make cheque payable to **Northumbria Healthcare NHS Foundation Trust** and return with completed order form
- Debit/credit card - If you wish to pay by card please telephone Central DAFNE on 0191 2934115

Delivery details (please complete)

| | |
|---------------|--|
| Name | |
| Address | |
| Telephone | |
| Email Address | |

| | Unit Price | Quantity | Sub total |
|-----------------------------------------|------------|--------------------|-----------|
| *Carbohydrate portion list | £2.09 | | |
| Blood glucose diary | £0.75 | | |
| Food diary | £0.95 | | |
| Food plates | £125.00 | | |
| Pump diary | £0.95 | | |
| *Standard workbook | £5.50 | | |
| ** See P&P charges on page 2 | | | |
| | | P & P** | |
| | | Total | |

*Confirmation as a DAFNE Graduate

There is a 'Top tips' section in the carbohydrate portion list relevant to DAFNE graduates only. We therefore require authorisation from yourself to allow us to contact your training centre in order to validate your graduate status. Please provide details of your training below and sign below.

| DAFNE Centre | Date Attended | Name of Educator |
|--------------|---------------|------------------|
| | | |

Authorised signature: _____ Date: _____

Please sign and return this form to:

**Central DAFNE
Diabetes Resource Centre
North Tyneside General Hospital
Rake Lane
North Shields
NE29 8NH**
or fax: **0191 2934276** or email: dafne@nhct.nhs.uk

****Postage and Packaging Costs UK only**

(For costs outside UK, please telephone 0044 191 293 4115 for price)

| Carbohydrate Portion List, Diaries and Pump Diaries | | |
|------------------------------------------------------------|-----------------------------|-----------------------------|
| No off | 1st Class | 2nd Class |
| 1 | £0.64 | £0.55 |
| 2-10 | £3.00 | £2.60 |
| 11+ | £5.40 | £3.70 |

Total price including postage and packaging for workbooks and food plates, please call 0191 293 4115

| FOR CENTRAL DAFNE OFFICE USE ONLY | |
|------------------------------------------|--|
| Date received | |